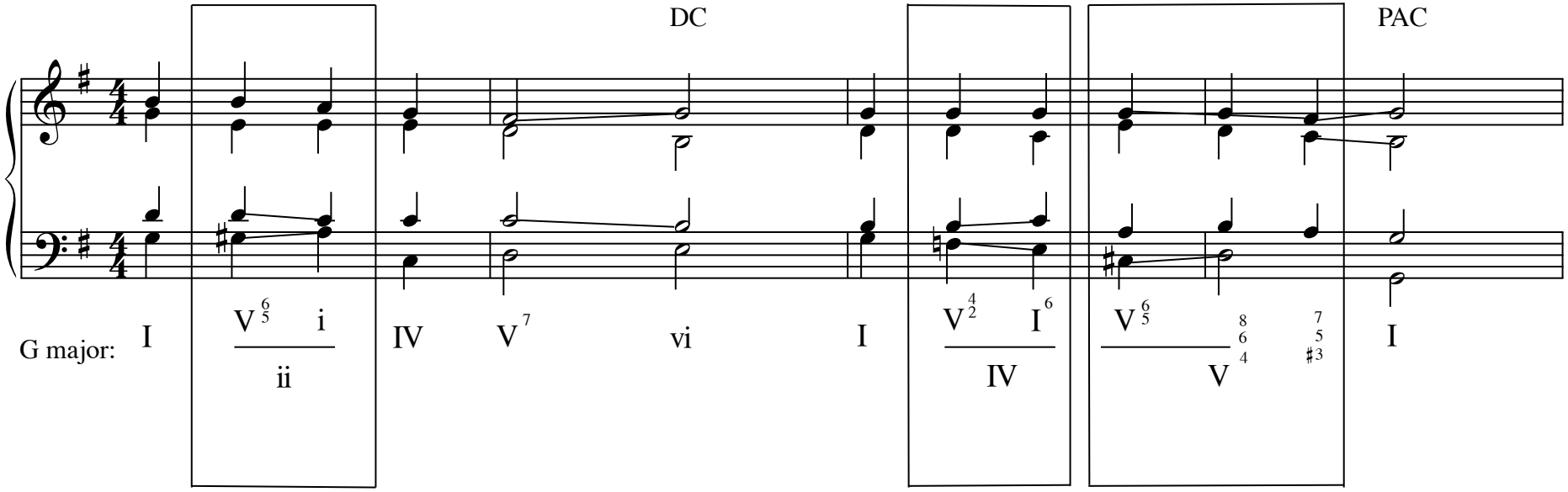
Tonicization: When you are moving through a progression in a key and you wish to do more with a stable triad in that key (in major: ii, iii, IV, V, and vi; in minor III, iv, v, V, VI, and VII) than simply write the triad once, you can tonicize that triad by writing a dominant or dominant substitute OF THAT triad before the triad itself.

What you are doing is temporarily "opening a window" to the key of the triad in question. Take a look at the progression below. In measure 1, beat three there's a supertonic triad--an A minor triad that functions in G major as ii. The chord on beat two is a dominant seventh chord in first inversion as if the progression were in A minor: it is the dominant of the supertonic chord. So here's the acoustic window called tonicization. Measure 1, beat 1 is a I chord in G major; right after this chord sounds a window opens: you hear the approach of A minor as ii in G; you write a dominant of that A minor chord just as if you were in A minor (it's like peeking out an open window; your head may be outside the window for a moment, but you're really still inside); on beat three is the A minor chord; that window closes and you're back in G with a IV chord on the last beat of the measure. Each "window" is shown as a box.

Similar things happen at two other places of the progression.